

INVITATION

THE ART OF LISTENING



Slow & Deep Dialogue in the spirit of J. Krishnamurti

Facilitator: Ann Engels

Details:

- Duration: 8 sessions
- Frequency: Weekly
- Session Length: 1 hour each
- Sundays 8 – 15 – 22 – 29 June 19:30 – 20:30 IST
and 6 - 13 - 20 - 27 July 19:30 – 20:30 IST

Who is this for?

This series is designed for those who have previously attended at least one retreat with Ann Engels or Mukesh Gupta and appreciated the depth of exploration and connection.

New participants are kindly asked to share their intention for participating.

Topics we will explore:

JUN 8 - What does it mean to think together? - A foundation for dialogue
JUN 15 - The restless Mind
JUN 22 - The Art of Listening
JUN 29 - Conflict and I don't mind what happens
JUL 6 - Fear, Desire, Attachment
JUL 13 - Choiceless Awareness
JUL 20 - Silence and Insight
JUL 27 - Compassion and Love

Commitment:

We ask participants to commit to attending at least 4 sessions to fully engage with the process.

Contribution:

A. For those who previously attended at least one of our retreats:

This program is offered freely donation-based. Please listen to your heart to determine an amount that corresponds with your capacity to donate, understanding that your facilitator offers this work with dedication and relies on donations as a means of income. You can donate on a European or Indian bank account.

B. For those who haven't attended any retreat with us:

4 sessions: 120,00 euros

8 sessions: 220,00 euros

Please make sure your contribution reaches us before the meetings start.

Subscription:

ann@caramuse.be or <https://forms.gle/JTb6Wc6QPTGbfz6>

After subscribing, we send the link for Zoom + details for sending your donation.

Thank you and I look forward seeing you,
Warm wishes, Ann